

2026



MAY 16-17, 2026

Jaws Beach, Nassau

BAHAMAS Triathlon Association

AQUATHLON RESULTS

BOYS 9-10 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	7:46	29	ARI ROLLE	10
2	9:18	2	KAI WEIGHTMAN	10
3	10:12	28	THEO KEMP	9

GIRLS 9-10 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	11:35	27	FABIOLA COLON	10

BOYS 11-12 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	10:36	5	MAXIMILIAN VAN DER RIET	12
2	15:35	22	GEBRIAEL MCPHEE	11

BOYS 13-14 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	16:40	23	BLAIR THOMPSON	14
2	18:03	10	LYALL MENZIES	13
3	18:40	24	TORION TURNER	14

GIRLS 13-14 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	20:01	9	SOPHIE BRUECKNER	13

POWER ADE

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2026



MAY 16-17, 2026
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BAHAMAS
Triathlon
Association

AQUATHLON RESULTS

BOYS 15-16 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	16:56	26	AADYN ROLLE	16
2	17:22	16	LAUCLAN MENZIES	15
3	18:43	15	SIBBY FYNN POTTER	15

GIRLS 15-16 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	19:52	14	ELLA BRUECKNER	15
2	21:08	18	TESSA KNOWLES	15

MALE 17-21 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	32:35	45	MALCOLM MENZIES	18
2	38:13	59	KRAIGE ADDERLEY	17
3	39:27	55	RAGH CORDOVA	20

FEMALE 17-21 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	45:54	42	SIENNA CULMER-MACKEY	20

MALE 30-39 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	47:55	53	KEVIN FREWEN	35
2	51:40	60	GRANT GREEFF	35



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AQUATHLON RESULTS

FEMALE 30-39 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	48:27	57	BARBARA KIRALY	36
2	53:28	56	SHIVANI DEYALSINGH	39
3	1:02:34	58	REBEKA KIRALY	34

FEMALE 40-49 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	50:50	47	ILARIA GERVASINI	47

OVERALL RESULTS (17 and Over - 1000M Swim / 5K Run)

PL.	TIME	PL/DIF	TOT/DIF	NO.	NAME	AGE	S	PL/TO	DIVSN	PL SWIM	TR1	PL RUN
1	32:35			45	MALCOLM MENZIES	18	M	1/4	M1721	1 13:48	0:22	1 18:26
2	38:13	5:38	5:38	59	KRAIGE ADDERLEY	17	M	2/4	M1721	3 16:59	0:38	2 20:37
3	39:27	1:14	6:52	55	RAGH CORDOVA	20	M	3/4	M1721	2 15:51	0:38	3 22:59
4	44:03	4:36	11:28	30	AYDEN BAIN	18	M	4/4	M1721	5 18:38	0:15	5 25:26
5	45:54	1:51	13:19	42	SIENNA CULMER-MACKEY	20	F	1/1	F1721	4 17:28	0:40	8 27:46
6	47:55	2:01	15:20	53	KEVIN FREWEN	35	M	1/2	M3039	6 20:21	1:09	6 26:26
7	48:27	0:32	15:52	57	BARBARA KIRALY	36	F	1/3	F3039	9 22:58	1:14	4 24:16
8	50:50	2:23	18:15	47	ILARIA GERVASINI	47	F	1/1	F4049	8 22:38	0:45	7 27:29
9	51:40	0:50	19:05	60	GRANT GREEFF	35	M	2/2	M3039	7 20:27	1:44	10 29:31
10	53:28	1:48	20:53	56	SHIVANI DEYALSINGH	39	F	2/3	F3039	10 23:21	0:54	9 29:13
11	1:02:34	9:06	29:59	58	REBEKA KIRALY	34	F	3/3	F3039	11 28:25	1:41	11 32:29

OVERALL RESULTS (15-16 - 500M Swim / 2.5K Run)

PL.	TIME	PL/DIF	TOT/DIF	NO.	NAME	AG	S	PL/TO	DIVSN	PL SWIM	TR1	PL RUN
1	16:56			26	AADYN ROLLE	16	M	1/6	M1516	2 7:20	0:20	1 9:17
2	17:22	0:26	0:26	16	LAUCLAN MENZIES	15	M	2/6	M1516	1 7:08	0:22	2 9:53
3	18:43	1:21	1:47	15	SIBBY FYNN POTTER	15	M	3/6	M1516	4 7:54	0:25	3 10:25
4	19:47	1:04	2:51	13	TA-NAJ PRATT	16	M	4/6	M1516	3 7:32	0:21	7 11:56
5	19:51	0:04	2:55	25	TYRIN ARCHER	15	M	5/6	M1516	7 8:28	0:31	4 10:54
6	19:52	0:01	2:56	14	ELLA BRUECKNER	15	F	1/2	F1516	5 8:08	0:21	6 11:24
7	21:08	1:16	4:12	18	TESSA KNOWLES	15	F	2/2	F1516	6 8:25	0:19	8 12:25
8	21:14	0:06	4:18	12	QUANT ROLLE	16	M	6/6	M1516	8 9:30	0:50	5 10:54



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AQUATHLON RESULTS

OVERALL RESULTS (13-14 - 500M Swim / 2.5K Run)

PL.	TIME	PL/DIF	TOT/DIF	NO.	NAME	AG	S	PL/TO	DIVSN	PL	SWIM	TR1	PL RUN
1	16:40			23	BLAIR THOMPSON	14	M	1/4	M1314	2	7:22	0:23	1 8:57
2	18:03	1:23	1:23	10	LYALL MENZIES	13	M	2/4	M1314	1	7:19	0:21	2 10:24
3	18:40	0:37	2:00	24	TORION TURNER	14	M	3/4	M1314	3	7:37	0:25	4 10:38
4	19:19	0:39	2:39	11	ANTHONY KNOWLES III	13	M	4/4	M1314	5	8:23	0:20	3 10:37
5	20:01	0:42	3:21	9	SOPHIE BRUECKNER	13	F	1/1	F1314	4	8:20	0:17	5 11:24

OVERALL RESULTS (11-12 - 250M Swim / 1.5K Run)

PL.	TIME	PL/DIF	TOT/DIF	NO.	NAME	AG	S	PL/TO	DIVSN	PL	SWIM	TR1	PL RUN
1	10:36			5	MAXIMILIAN VAN DER R	12	M	1/2	M1112	1	4:14	0:25	1 5:56
2	15:35	4:59	4:59	22	GEBRIAEL MCPHEE	11	M	2/2	M1112	2	5:41	0:31	2 9:23

OVERALL RESULTS (9-10 - 100M Swim / 1K Run)

PL.	TIME	PL/DIF	TOT/DIF	NO.	NAME	AG	S	PL/TO	DIVSN	PL	SWIM	TR1	PL RUN
1	7:46			29	ARI ROLLE	10	M	1/3	M0910	1	3:08	0:32	1 4:06
2	9:18	1:32	1:32	2	KAI WEIGHTMAN	10	M	2/3	M0910	2	4:00	0:24	2 4:54
3	10:12	0:54	2:26	28	THEO KEMP	9	M	3/3	M0910	3	4:21	0:42	3 5:04
4	11:35	1:23	3:49	27	FABIOLA COLON	10	F	1/1	F0910	4	5:14	0:29	4 5:52



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TRIATHLON RESULTS

BOYS 9-10 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	15:51	2	KAI WEIGHTMAN	10

GIRLS 9-10 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	22:37	1	ANNALIESE WILSON	10

BOYS 11-12 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	20:03	5	MAXIMILIAN VAN DER RIET	12
2	26:14	6	JACK FOX	12
3	27:46	22	GEBRIAEL MCPHEE	11

GIRLS 11-12 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	27:50	3	ZARA GREAVES	12

BOYS 13-14 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	35:14	10	LYALL MENZIES	13
2	41:23	11	ANTHONY KNOWLES III	13

GIRLS 13-14 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	43:55	9	SOPHIE BRUECKNER	13
2	48:13	8	BLUE GRAY	14



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TRIATHLON RESULTS

BOYS 15-16 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	33:35	16	LAUCLAN MENZIES	15
2	35:13	15	SIBBY FYNN POTTER	15
3	37:52	13	TA-NAJ PRATT	16

GIRLS 15-16 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	40:41	20	MIA VAN DER RIET	15
2	41:25	14	ELLA BRUECKNER	15
3	42:46	18	TESSA KNOWLES	15

OVERALL FEMALE WINNERS - SPRINT DISTANCE TRIATHLON

PL	TIME	BIB#	NAME	AGE
1	1:23:02	42	SIENNA CULMER-MACKEY	20
2	1:23:24	47	ILARIA GERVASINI	47
3	1:34:32	36	ANYA MACPHAIL	24

OVERALL MALE WINNERS - SPRINT DISTANCE TRIATHLON

PL	TIME	BIB#	NAME	AGE
1	1:01:52	45	MALCOLM MENZIES	18
2	1:10:55	63	BERTOLDO SIMONE	50
3	1:11:12	40	MARC SAULNIER	46

MALE 17-21 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	1:15:45	30	AYDEN BAIN	18



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TRIATHLON RESULTS

FEMALE 22-29 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	1:36:46	54	ALEXA DEAN	26

MALE 30-39 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	1:13:03	62	FRANK GRAFFAM	37
2	1:18:56	44	QUENTIN CHIAREL	31
3	1:22:50	53	KEVIN FREWEN	35

FEMALE 30-39 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	1:36:21	69	PEARSON ABIGAIL	32
2	1:40:49	50	JADE FERGUSSON	30

MALE 50-59 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	1:12:19	37	SEAN FARRINGTON	56
2	1:20:24	41	STEPHAN CANTIN	52
3	1:21:38	34	JOSE MAGNO	50

FEMALE 50-59 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	1:35:34	38	SARAH FARRINGTON	56

MALE 60-69 AGE GROUP WINNERS

PL	TIME	BIB#	NAME	AGE
1	1:43:03	33	HERMAN CAYABAN	62



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2026



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TRIATHLON RESULTS

OVERALL RESULTS - KIDS 9-10 (200M Swim / 5k Bike / 1K Run)

PL.	TIME	PL/DIF	TOT/DIF	NO.	NAME	AGE	S	PL/TO	DIVSN	PL	SWIM	TR1	PL	BIKE	TR2	PL	RUN
1	15:51			2	KAI WEIGHTMAN	10	M	1/1	M0910	1	2:53	0:35	1	6:52	0:30	1	5:04
2	22:37	6:46	6:46	1	ANNALIESE WILSON	10	F	1/1	F0910	2	4:17	1:05	2	10:43	0:34	2	5:59

OVERALL RESULTS - KIDS 11-12 (200M Swim / 6k Bike / 1.5K Run)

PL.	TIME	PL/DIF	TOT/DIF	#	NAME	AG	S	PL/TO	DIVSN	PL	SWIM	TR1	PL	BIKE	TR2	PL	RUN
1	20:03			5	MAXIMILIAN VAN DER R	12	M	1/3	M1112	1	3:14	0:19	1	9:43	0:35	1	6:12
2	26:14	6:11	6:11	6	JACK FOX	12	M	2/3	M1112	2	3:46	1:00	3	13:55	0:31	3	7:04
3	27:46	1:32	7:43	22	GEBRIAEL MCPHEE	11	M	3/3	M1112	3	4:26	0:33	4	14:10	0:25	4	8:12
4	27:50	0:04	7:47	3	ZARA GREAVES	12	F	1/1	F1112	4	5:03	1:17	2	13:52	0:40	2	7:01

OVERALL RESULTS - KIDS 13-14 (400M Swim / 10K Bike / 2.5K Run)

PL.	TIME	PL/DIF	TOT/DIF	#	NAME	AG	S	PL/TO	DIVSN	PL	SWIM	TR1	PL	BIKE	TR2	PL	RUN
1	35:14			10	LYALL MENZIES	13	M	1/2	M1314	1	5:47	0:20	1	18:55	0:35	1	9:39
2	41:23	6:09	6:09	11	ANTHONY KNOWLES III	13	M	2/2	M1314	4	7:31	0:32	2	21:39	0:38	2	11:05
3	43:55	2:32	8:41	9	SOPHIE BRUECKNER	13	F	1/2	F1314	2	6:49	0:26	3	22:28	0:30	3	13:44
4	48:13	4:18	12:59	8	BLUE GRAY	14	F	2/2	F1314	3	7:02	0:30	4	25:34	0:44	4	14:25

OVERALL RESULTS - KIDS 15-16 (400M Swim / 10K Bike / 2.5K Run)

PL.	TIME	PL/DIF	TOT/DIF	NO.	NAME	AG	S	PL/TO	DIVSN	PL	SWIM	TR1	PL	BIKE	TR2	PL	RUN
1	33:35			16	LAUCLAN MENZIES	15	M	1/8	M1516	1	5:35	0:19	2	17:11	0:34	2	9:58
2	35:13	1:38	1:38	15	SIBBY FYNN POTTER	15	M	2/8	M1516	4	6:16	0:21	1	17:01	0:31	3	11:07
3	37:52	2:39	4:17	13	TA-NAJ PRATT	16	M	3/8	M1516	3	6:00	0:29	3	18:33	0:30	7	12:23
4	38:21	0:29	4:46	21	TRISTAN JOHNSON	16	M	4/8	M1516	5	6:27	0:34	5	18:54	0:37	4	11:51
5	39:19	0:58	5:44	65	KAALEN FERGUSON	15	M	5/8	M1516	2	5:48	0:40	4	18:39	0:32	9	13:43
6	39:33	0:14	5:58	17	THOMAS FOX	15	M	6/8	M1516	11	7:33	0:55	8	21:33	0:20	1	9:14
7	40:41	1:08	7:06	20	MIA VAN DER RIET	15	F	1/3	F1516	7	6:42	0:24	6	19:08	0:42	10	13:47
8	41:22	0:41	7:47	12	QUANT ROLLE	16	M	7/8	M1516	9	7:08	1:17	7	19:50	0:44	8	12:26
9	41:25	0:03	7:50	14	ELLA BRUECKNER	15	F	2/3	F1516	6	6:40	0:25	9	21:36	0:31	6	12:15
10	42:46	1:21	9:11	18	TESSA KNOWLES	15	F	3/3	F1516	8	6:53	0:30	10	22:50	0:25	5	12:10
11	47:59	5:13	14:24	19	TAYLOR KNOWLES	16	M	8/8	M1516	10	7:25	0:24	11	25:09	0:36	11	14:26



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TRIATHLON RESULTS

OVERALL RESULTS - SPRINT (750M Swim / 20k Bike/ 5K Run)

PL.	TIME	PL/DIF	TOT/DIF	NO.	NAME	AG	S	PL/TO	DIVSN	PL	SWIM	TR1	PL	BIKE	TR2	PL	RUN
1	1:01:52			45	MALCOLM MENZIES	18	M	1/2	M1721	1	9:31	0:21	2	31:56	0:29	1	19:37
2	1:10:55	9:03	9:03	63	BERTOLDO SIMONE	50	M	1/8	M5059	2	12:27	0:25	6	34:57	0:43	4	22:24
3	1:11:12	0:17	9:20	40	MARC SAULNIER	46	M	1/1	M4049	9	14:56	1:00	1	31:39	1:14	5	22:25
4	1:12:19	1:07	10:27	37	SEAN FARRINGTON	56	M	2/8	M5059	5	13:24	0:29	4	34:24	0:36	7	23:27
5	1:13:03	0:44	11:11	62	FRANK GRAFFAM	37	M	1/5	M3039	10	14:56	1:00	3	33:16	1:34	3	22:18
6	1:15:45	2:42	13:53	30	AYDEN BAIN	18	M	2/2	M1721	4	12:50	0:20	5	34:25	0:30	15	27:41
7	1:18:56	3:11	17:04	44	QUENTIN CHIAREL	31	M	2/5	M3039	11	15:17	2:14	14	39:56	0:32	2	20:59
8	1:20:24	1:28	18:32	41	STEPHAN CANTIN	52	M	3/8	M5059	19	17:20	1:26	7	35:14	1:03	9	25:23
9	1:21:38	1:14	19:46	34	JOSE CECIL MAGNO	50	M	4/8	M5059	21	17:44	0:30	8	36:09	0:01	13	27:15
10	1:22:50	1:12	20:58	53	KEVIN FREWEN	35	M	3/5	M3039	6	13:24	0:58	16	41:51	1:33	8	25:06
11	1:23:02	0:12	21:10	42	SIENNA CULMER-MACKEY	20	F	1/1	F1721	3	12:31	0:33	15	40:19	0:50	17	28:51
12	1:23:24	0:22	21:32	47	ILARIA GERVASINI	47	F	1/1	F4049	13	16:14	0:29	12	38:53	0:49	12	27:01
13	1:24:35	1:11	22:43	39	DANIEL WEIGHTMAN	50	M	5/8	M5059	18	17:20	0:51	10	38:41	1:13	10	26:33
14	1:27:05	2:30	25:13	46	PHILIPPE GINGRAS	56	M	6/8	M5059	20	17:24	0:48	9	37:51	1:21	18	29:42
15	1:29:16	2:11	27:24	66	BURCH TJ	33	M	4/5	M3039	12	15:50	2:16	20	46:23	1:33	6	23:16
16	1:30:33	1:17	28:41	35	NICOLAS DURET	50	M	7/8	M5059	22	20:06	2:54	13	39:53	0:56	11	26:47
17	1:31:20	0:47	29:28	48	MARTIN ALLARD	56	M	8/8	M5059	17	16:52	1:44	11	38:47	1:50	22	32:08
18	1:34:12	2:52	32:20	49	ANDR S MOLINA	30	M	5/5	M3039	24	20:56	1:25	17	43:38	0:55	14	27:19
19	1:34:32	0:20	32:40	36	ANYA MACPHAIL	24	F	1/2	F2229	7	13:30	2:32	21	46:36	0:51	20	31:06
20	1:35:34	1:02	33:42	38	SARAH FARRINGTON	56	F	1/1	F5059	14	16:21	2:02	23	48:23	1:00	16	27:50
21	1:36:21	0:47	34:29	69	PEARSON ABIGAIL	32	F	1/2	F3039	16	16:24	2:53	18	46:12	1:03	19	29:51
22	1:36:46	0:25	34:54	54	ALEXA DEAN	26	F	2/2	F2229	8	14:24	0:56	24	48:53	1:02	21	31:33
23	1:40:49	4:03	38:57	50	JADE FERGUSSON	30	F	2/2	F3039	15	16:22	2:19	22	48:08	1:38	23	32:24
24	1:43:03	2:14	41:11	33	HERMAN CAYABAN	62	M	1/1	M6069	23	20:21	1:44	19	46:19	1:32	24	33:08

OVERALL RESULTS - SPRINT RELAY (750M Swim / 20k Bike/ 5K Run)

PL.	TIME	#	TEAM MEMBERS	TEAM NAME	PL	SWIM	TR1	PL	BIKE	TR2	PL	RUN
1	1:04:22	61	Fraser Menzies / Jamie Johnston / Chris Jenkins	TRI-UMPHANT TRIO	1	10:00	0:26	1	33:52	0:34	1	19:31
2	1:17:33	60	Jaryd Lord Wagner / Grant Greeff / Justin Greeff	Team Lekker	2	13:22	0:22	2	40:13	0:33	2	23:05



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